



Kinder Care Day Nursery

Welcome to the month of January

Welcome back Parents, Carers and Children! We hope that you have had a wonderful and exciting Christmas and New Year. Also, a very warm welcome to the new children who have started with us this term. We hope 2025 is going to be a new start with fresh beginnings.

Staff notice

We would like to say farewell to Pooja who has been a valued member of staff at Kinder Care we wish you all the best for the future. We would like to wish Saneela good luck on her maternity leave!

We like to welcome Fika to Kinder Care who will be a Tweenies member of staff.

Festivals

Chinese New Year - 29.01.2025. Children will be doing different activities throughout the month to celebrate Chinese New Year.

Dates for your diary

The children who receive **Early Education Entitlement** will return to nursery on **Monday January 6th 2025.**

Absences

If, your child is not attending nursery due to sickness or any other reason or expecting to be late, please call and inform the nursery well in advance on the landline number. Please call us on 01217897897. Please do not contact us on social media.

Winter Clothing

As it is winter the weather is becoming extremely cold. We would like to remind parents to please send children to nursery with appropriate clothing. This includes coats, hats, scarves, and gloves. We understand that some children arrive in cars and are covered in blankets. However, they then do not have anything appropriate for outdoor play. Regardless of the weather we still take children out to experience all climates.

CAN YOU SPARE ANY OF THESE RESOURCES?

If you have any spare rolls of wallpaper at home that you no longer need, please think of us, our Pre-School children can use these for their fantastic mark-making! If you can start saving these and bring them in it would be greatly appreciated. We are looking to extend the children's learning through the use of technology, we are looking for:

- Torches • Phones (mobile and house phones) • Old tills • Microscopes
- Karaoke machines • Cameras

Anything you may have at home that you don't need anymore, our Kinder children would love them!

Potty Training

We have a number of children who are currently toilet training and ask if this is your child could you please ensure you provide plenty of underwear, socks, joggers/leggings, jelly type shoes (they can be wiped and cleaned easily as plastic) and a plastic carrier bag for wet belongings to be returned to you. We can only keep toilet training with your child while we have the supplies to support toileting accidents. If you would like more advice, please speak to your child's key worker.

Startwell Programme

Kinder Care Day Nursery is a part of the Birmingham City Council's Startwell programme. We try to encourage and reflect a healthy lifestyle as early as possible to the children. Which we have reflected in our menus. As the healthiest options we intentionally only provide milk and water to children during the day and alongside our daily meals. As a policy we will now only accept water in the children's beakers or water bottles. As parents we hope that you will understand our point and will work with us towards this. Part of young children's development is allowing them to have a good understanding of physical health and making good food choices, children should have physical exercise a day, this involves moving their body in lots of different ways to develop muscle strength in all body areas, such as developing fine motor control through threading, mark making, manipulating items with their hands, using cutlery successfully, to large motor control through running, jumping, hopping, crawling, moving with greater

control from one space to another. When we talk about physical exercise, this is children moving freely throughout the day around the home or in an outdoor space, an example of this is in Setting is the children do not have chairs, unless they are eating and drinking, therefore giving them the opportunities to stand and move while doing activities around them or stretching out over a floor space. We also discuss each snack and mealtime or during play with the children about healthy food choices, for example talking with them about how milk makes them grow big and strong as it contains calcium that helps our teeth and bones. While preparing dinners, it a great way to explore what foods support children in making healthy choices, and what foods are okay as a treat sometimes. Children often tell us how they feel after physical exercise and when they feel hungry, tired, and thirsty.

[Blossom App](#)

We really appreciate your parental observations, photographs, and videos as they really do support your child's learning journey and encourage you to send them in as often as you can on Blossom. Many of your child's important learning experiences occur away from nursery at home. Parental observations will give us important information about your child's interests, experiences, and developmental progress which we can use alongside our observations of your child to support their learning journey. If you have not activated your Blossom link please do so, each child has their own personal learning journey, and it will be great for you to keep up to date with their learning process. This is where notifications are also sent.

[Register with a dentist](#)

If you have not already done so, please make sure your child is registered with a dentist and has regular check-ups.

[Changes to your personal details](#)

Please ensure that you keep us updated of any changes to telephone numbers, addresses, emergency contacts and email addresses, so we can always ensure effective contact with you.

If you have any questions or concerns, please do not hesitate to contact us. Enjoy the rest of the month.

Thank you

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